Beyond Goals
Effective Strategies for Coaching and Mentoring
Susan David, David Clutterbuck and David Megginson

The definitive volume on goals in coaching and mentoring.

Douglas Riddle, Global Director Coaching Services & Assessment Portfolio, Center for Creative Leadership, USA

Lise Lewis, International President of the European Mentoring and Coaching Council (EMCC)

Diane Brennan MBA, MCC, Past President International Coach Federation

Nancy Kline, Founding President, Time To Think

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Beyond Goals advances standard goal-setting theory by bringing together cutting-edge perspectives from leaders in coaching and mentoring. From psychology to neuroscience, from chaos theory to social network theory, the contributors offer diverse and compelling insights into both the advantages and limitations of goal pursuit. The result is a more nuanced understanding of goals, with the possibility for practitioners to bring greater impact and sophistication to their client engagements. The implications of this re-assessment are substantial for all those practicing as coaches and mentors, or managing coaching or mentoring initiatives in organizations.

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**About the Editors:**
Dr Susan David, a leading expert on coaching, is a founder and co-director of the Institute of Coaching at McLean Hospital of Harvard Medical School, and CEO of Evidence Based Psychology, a leadership development and management consultancy that advises global organizations.

Professor David Clutterbuck is Visiting Professor at Oxford Brookes and Sheffield Hallam Universities and leads the UK Research Committee of the European Mentoring and Coaching Council. Clutterbuck has been listed amongst the most influential thinkers in Human Resources and top business coaches in the UK.

David Megginson is Emeritus Professor at Sheffield Hallam University and founder of its Coaching and Mentoring Research Group. Megginson was Professor of Human Resource Development at the University. He has been co-chair of the European Mentoring and Coaching Council.

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